

Discover Yourself

A wrong choice is only costly if we don't learn from it.

Today's action:

Did you make any choice today that you feel was inappropriate? What did you learn from this experience?

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Today's Learning / Thoughts

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Maintain Positive Attitudes

Worthwhile pursuits take much time and effort but are satisfying and bring us happiness.

Today's action:

Spend time and expend effort on a worthwhile pursuit such as volunteering for a worthy cause.

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Today's Learning / Thoughts

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Hone Your Life Skills

Good financial management lies in saving, self-discipline, and proper planning.

Today's action:

Set short- and long-term financial goals, and prepare a plan for your financial freedom. Seek professional help in finalizing the plan.

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Today's Learning / Thoughts

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Build Healthy Relationships

When our relationships are strong and well grounded, our lives become easier to manage.

Today's action:

*Plant a seed of love with someone you care about.
It will bear fruit for a long time.*

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Today's Learning / Thoughts

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Let Ethics and Values Be Your Guide

Noble motives without action are fruitless and show a lack of commitment.

Today's action:

Translate your motives into action.

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Today's Learning / Thoughts

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Awaken Your Spirituality

Suffering can extend capacity and amplify hidden gifts. Faith is like a muscle: the more we use it, the stronger it becomes.

Today’s action:

Think of what it took for you to overcome a period of suffering in your life and how you are better off for it.

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Today’s Learning / Thoughts

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Enjoy the Ride

Trust in the great mystery of the universe.

Today's action:

Today, just be and let the mystery guide you and show you the path. Trust that the divine power knows your deep desires.

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Today's Learning / Thoughts

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